

BLOCK SYLLABUS
COMMON SUBJECTS – JD/JW
(REVISED MAY 2017)

S No	Subject	First Year	Second Year	Total Periods
1.	The NCC	02	05	07
2.	National Integration and Awareness	08	08	16
3.	Drill	19	21	40
4.	Weapon Training	19	17	36
5.	Personality Development and Life Skills	09	10	19
6.	Leadership	07	06	13
7.	Disaster Management	04	04	08
8.	Social Awareness and Community Development	05	07	12
9.	Health and Hygiene	06	06	12
10.	Adventure	02	02	04
11.	Environment Awareness and Conservation	01	02	03
	Total	82	88	170

DETAILED SYLLABUS : COMMON SUBJECTS – JD/JW (ARMY)

1. **The NCC (N).**

S No	Code	Subject	1st Year	Type	2nd Year	Type	Total Periods
(i)	N - 1	Introduction to NCC, Aims, Organisation, Training and NCC Song	02	L	-	-	02
(ii)	N - 2	Incentives	-	-	02	L	02
(iii)	N - 3	Duties, Responsibility & Conduct by NCC Cadets	-	-	01	L	01
(iv)	N-4	NCC Camp : Recce, Selection of Camp Site, Camp Hygiene and Camp Routine	-	-	02	L	02
Total			02	-	05	-	07

2. **National Integration and Awareness (NI).**

S No	Code	Subject	1st Year	Type	2nd Year	Type	Total Periods
(i)	NI - 1	Heritage of India	01	L	-	-	01
(ii)	NI - 2	Freedom Struggle and Nationalist Movement in India	02	L	-	-	02
(iii)	NI - 3	Famous Leaders of India	01	L	-	-	01
(iv)	NI - 4	Introduction to Constitution of India	02	L	-	-	02
(v)	NI - 5	National Integration and its Importance & necessity	02	L	-	-	02
(vi)	NI - 6	Factors affecting National Integration	-	-	02	L	02
(vii)	NI - 7	Unity in Diversity	-	-	02	L	02
(viii)	NI - 8	Images/Slogans for National Integration	-	-	01	L	01
(ix)	NI - 9	Role of NCC in Nation Building	-	-	01	L	01
(x)	NI - 10	NCC & Nation Integration	-	-	02	L	02
Total			08	-	08	-	16

3. **Drill (D).**

S No	Code	Subject	1 st Year	Type	2 nd Year	Type	Total Periods
(i)	D - 1	Drill Ki Aam Hidayaten aur Words of Command	02	L/P	-	-	02
(ii)	D - 2	Savdhan, Vishram, Aram Se Aur Mudna	03	L/P	02	L/P	05
(iii)	D - 3	Kadwar Sizing, Teen Line Banana, Khuli Line Aur Nikat Line Men March	02	L/P	02	L/P	04
(iv)	D - 4	Khade Khade Salute Karna	03	L/P	03	L/P	06
(v)	D - 5	Parade Par, Visarjan aur Line Tod	02	L/P	02	L/P	04
(vi)	D - 6	Tej Chal - Tham Aur Dhire Chal - Tham	03	L/P	04	L/P	07
(vii)	D - 7	Tej Chal Se Mudna	02	L/P	03	L/P	05
(viii)	D - 8	Tej Chal Se Salute Karna	02	L/P	03	L/P	05
(ix)	D - 9	Individual Word of Command	-	-	02	L/P	02
Total			19	-	21	-	40

4. **Weapon Training.**

S No	Code	Subject	1 st Year	Type	2 nd Year	Type	Total Periods
(i)	WT - 1	Characteristics of a rifle and its Ammunition	02	L	-	-	02
(ii)	WT - 2	Stripping, Assembling, Care and Cleaning and Sight setting of .22 Rifle	02	L/P	02	L/P	04
(iii)	WT - 3	Loading, Cocking and Unloading	02	L/P	02	L/P	04
(iv)	WT - 4	Firing Position and Holding	02	L/P	02	L/P	04
(v)	WT - 5	Aiming, Range and Figure Target	02	L/P	02	L/P	04
(vi)	WT - 6	Trigger Control and Firing a Shot	02	L/P	02	L/P	04
(vii)	WT - 7	Range Procedure and Safety precautions	02	L/P	02	L/P	04
(viii)	WT - 8	Short Range Firing	05	L/P	05	L/P	10
Total			19	-	17	-	36

5. **Personality Development and Leadership (P).**

S No	Code	Subject	1 st Year	Type	2 nd Year	Type	Total Periods
(i)	P - 1	Definition Introduction to Personality Devp	01	L	-	-	01
(ii)	P - 2	Factors influencing /shaping personality: Physical, Social, Psychological and Philosophical	02	L	-	-	02
(iii)	P - 3	Self - awareness - Know yourself	02	L/P	-	-	02
(iv)	P - 4	Critical and Creative thinking	02	L/P	-	-	02
(v)	P - 5	Communication Skills : I	02	L/P	-	-	02
(vi)	P - 6	Communication Skills: II	-	-	02	L/P	02
(vii)	P - 7	Decision making & Problem solving	-	-	02	L/P	02
(viii)	P - 8	Effective use of time	-	-	02	L/P	02
(ix)	P - 9	Coping with stress/ Emotions	-	-	02	L/P	02
(x)	P - 10	Sociability : Social Skills	-	-	02	L	02
Total			09	-	10	-	19

6. **Leadership Development (LD).**

S No	Code	Subject	1 st Year	Type	2 nd Year	Type	Total Periods
(i)	LD - 1	Leadership Traits	01	L	-	-	01
(ii)	LD - 2	Indication of Good Leadership	01	L	-	-	01
(iii)	LD - 3	Leadership & Motivation	01	L	-	-	01
(iv)	LD - 4	Case Studies on effects of Leadership	02	L	-	-	02
(v)	LD - 5	Moral Values & Character traits	01	L	-	-	01
(vi)	LD - 6	Honours Code Concept	01	L	-	-	01
(vii)	LD - 7	Case Study on Subhash Chandra Bose	-	-	02	L	02

(viii)	LD - 8	Case Study on Mohandas Karamchand Gandhi	-	-	02	L	02
(ix)	LD - 9	Case Study on P V Sindhu	-	-	02	L	02
Total			07	-	06	-	13

7. **Disaster Management (DM).**

S No	Code	Subject	1 st Year	Type	2 nd Year	Type	Total Periods
(i)	DM -1	Types of Natural Disaster	01	L	-	-	01
(ii)	DM -2	Essential service and their maintenance	01	L	-	-	01
(iii)	DM -3	Role of NCC during Natural Disaster	01	L	-	-	01
(iv)	DM -4	Do's & Dont's for NCC Cadets during performing DM Duties	01	L	-	-	01
(v)	DM-5	Fire Service & Fire Fighting	-	-	02	L/D	02
(vi)	DM-6	Civil Defence Organisation and its duties	-	-	01	L	01
(vii)	DM-7	Civil Administration setup at District Taluka & Village level	-	-	01	L	01
Total			04	-	04	-	08

8. **Social Awareness and Community Development (SA).**

S No	Code	Subject	1 st Year	Type	2 nd Year	Type	Total Periods
(i)	SA - 1	Basics of Social Service and its Needs	01	L	-	-	01
(ii)	SA - 2	Civic Responsibilities: Swachh Bharat Abhiyan, Sauchh Abhiyan	01	L	-	-	01
(iii)	SA - 3	Contribution of Youth towards social welfare	01	L	-	-	01
(iv)	SA - 4	Literacy enhancement & Poverty Alleviation & Beti Bachao Beti Padhao	01	L	-	-	01

(v)	SA - 5	Rural Development Programmes	01	L	-	-	01
(vi)	SA - 6	Social Security Schemes	-	-	01	L	01
(vii)	SA - 7	Social Evils viz Dowry/ Female Foeticide/ Child abuse and trafficking etc	-	-	01	L	01
(viii)	SA - 8	Drug Abuse and Trafficking	-	-	01	L/P	01
(ix)	SA - 9	Protection of Children & POSCO Act 2012	-	-	01	L	01
(x)	SA - 10	Road/Rail travel Safety	-	-	01	L	01
(xi)	SA - 11	Govts New Development Initiatives I	-	-	01	L	01
(xii)	SA-12	Govts New Development Initiative II	-	-	01	L	01
Total			05	-	07	-	12

9. **Health and Hygiene (H).**

S No	Code	Subject	1st Year	Type	2nd Year	Type	Total Periods
(i)	H - 1	Structure and functioning of the human body	01	L	-	-	01
(ii)	H - 2	Hygiene and Sanitation (Personal and Food Hygiene)	02	L	-	-	02
(iii)	H - 3	Physical and Mental Health	01	L	-	-	01
(iv)	H - 4	Infectious and Contagious Diseases and its prevention	02	L	-	-	02
(v)	H - 5	Basics of First Aid in common medical emergencies	-	-	02	L/D/P	02
(vi)	H - 6	Treatment of Wounds and Fractures	-	-	01	L/D	01
(vii)	H - 7	Introduction to Yoga and Exercises	-	-	03	L/D/P	03
Total			06	-	06	-	12

10. **Adventure Training (ADV).**

S No	Code	Subject	1st Year	Type	2nd Year	Type	Total Periods
(i)	ADV - 1	Adventure Training	02	L/P	02	L/P	04
Total			02	-	02	-	04

11. **Environment Awareness and Conservation (E).**

S No	Code	Subject	1st Year	Type	2nd Year	Type	Total Periods
(i)	E - 1	Natural Resources Conservation and Management	01	L	-	-	01
(ii)	E - 2	Water Conservation and Rain water harvesting	-	-	01	L	01
(iii)	E - 3	Waste Management	-	-	01	L/Di	01
Total			01	-	02	-	03

